



DRIPPING SPRINGS FAMILY DENTISTRY

512-858-9250

Post-Op Care & Instructions for Crowns & Bridges

- When anesthesia has been used, your lips, teeth, and tongue may be numb for several hours after the appointment. We recommend that you avoid eating or chewing until the numbness has completely worn off. It is easy to bite or burn your tongue or lip while numb. It is recommended that you take some ibuprofen (Motrin or Advil, 1-2 tablets every 4-6 hours as needed) before the anesthetic completely wears off. This will help with any swelling or pain at the injection sites where anesthetic was administered.
- The gum tissue around the prepared teeth may be sore for several days. You may rinse your mouth with warm salt water (put a teaspoon of salt in a cup of warm water, rinse and spit) to reduce pain and swelling.
- Crowns and bridges take two appointments to complete. At the first visit, the teeth are prepared and a temporary crown or bridge is placed with temporary cement while awaiting the final restoration. The temporary restoration not only protects the tooth from damage, but it also prevents it from shifting position, helps the gum tissue to heal in the proper location, and provides a cosmetic solution until the permanent restoration can be placed. You can expect your permanent crown to be delivered in **3 weeks**.
- Your tooth may feel sensitive to temperature, sweets, or biting. This is normal and should subside in a few days. If this sensitivity is severe and does not dissipate, please contact our office immediately.
- Please call our office if your bite feels uneven, so that we can adjust your temporary crown.
- Do not eat anything sticky, hard or chewy as this may pull the temporary off or break it. Be careful brushing and avoid flossing adjacent to the temporary as this may cause it to become dislodged. Once the permanent restoration is placed, you should brush and floss normally. Should a temporary inadvertently come off, call our office to have it recemented. ***If you are out of town or not able to make it back into our office for a few days you can buy some over the counter Fixodent denture adhesive or Vaseline line the temporary crown with the adhesive and gently place it back into your mouth. The temporary crown only fits one way. Try and get in asap to avoid any shifting or damage to tooth. Never place anything toxic on your tooth in your mouth.**
- Your temporary may feel rough to your tongue and may not be the same shape or color as the permanent restoration. You can feel confident that your new restoration is being made using state-of-the-art materials by the finest laboratories and technicians.